

Emergency Information Wallet Card

These cards contain information that will be useful in an emergency, either to you or to someone trying to help you. Each member of your family should carry a card. Choose one or two out-of-area contacts to relay messages among family members if local communications are down. Talk with your family about where you would meet after an earthquake if phones, text, and email are not available. Note those locations on your cards.

Cut on the outer dotted line and fold on the inner lines.

Meeting places - near home, outside neighborhood, out-of-town:

Out-of-area contact(s) - name, phone, email, social media:

Family Reunification

In Case of Emergency - ICE
Please call or text:

Medical Information

Doctor, dentist, pharmacy, insurance:

Conditions, medications, equipment, allergies, special needs:

Personal ID & Useful Contacts

Name, phone, email, address, social media:

Work, school, utilities, services, neighbors, etc.:

PhinneyWoodHubs.org

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After an earthquake, rational thought may be difficult or impossible. It's good to have a written procedure to remind yourself what you can do to save lives and protect property. The instructions given here are particularly useful at home, but the same principles apply wherever you are. Protect yourself first, so you can help others!

After an Earthquake

1. **Check yourself for injuries**, and get first aid.
2. **Dress for safety**: sturdy shoes, leather gloves, long pants and shirt, hat or helmet.
3. **Use only a flashlight**. Matches or candles may cause gas explosion or risk accidental fire.
4. **Find and extinguish small fires**. Leave yourself an escape route. Evacuate if necessary.
5. **Check the natural gas supply**. If you smell gas, hear hissing, or see meter dials spinning, shut off gas at the meter using a large wrench.
6. **Shut off the water supply** at the main inside house valve, to prevent contamination.
7. **Shut off electric supply** at the circuit-breaker board. (Do not flip any electrical switches until you are sure natural gas is not leaking.)
8. **Check for trapped or injured people**. Assess the area for danger before entering.
9. **Post "Help" or "OK" sign** where visible.
10. **Call 9-1-1**, if possible, to report life-threatening emergencies. Call out-of-area contact, then stay off phone. Texting may work if voice calls fail.
11. **Clean or cover spills** of household chemicals.
12. **Listen to a portable radio** for information.
13. **Beware of aftershocks**, which may damage already weakened structures.

Where to Find Water

1. **Water heater**: Shut off power to water heater. Close cold-water intake. Open faucet in house to allow air in pipes. Drain water heater.
2. **House pipes**: Open faucet high in house, drain water from faucet low in house.
3. **Other sources**: Melted ice cubes, canned fruit or vegetables, etc., Toilet tank (not bowl).
4. **To purify questionable water**:
 - **Filter water** through coffee filter, paper towel, or cloth.
 - **Boil**, if possible, for 1 minute.
 - **Or, use household liquid chlorine bleach** with no scents or additives: Mix 1/8 tea-spoon (8 drops) per gallon clear water; double amount if cloudy. Wait 30 minutes.

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